

Great Northern Spa Area Rules

Great Northern has the following rules when staying in and around the spa area. The rules are implemented to ensure a spa environment that invites to presence, immersion, and relaxation with room for everyone.

Please note that only registered hotel guests or spa guests who register as a guest with a valid photo ID* are allowed to use the spa area. If you cannot show a valid photo ID, you cannot be registered and you will, therefore, not get access to the spa area.

As a guest, you must familiarise yourself with the rules prior to your visit to the spa area. If you cannot accept the rules, you are asked not to visit the spa area.

Behaviour

1. As a guest, you must always adhere to the rules, the staff's instructions, and any signage in the area.
2. Only the following paying guests are allowed to stay in the spa area: Registered hotel guests or guests registered with valid photo ID.
3. It is only allowed for guests over the age of 18 to use the spa area.
4. Photo ID must be presented at the request of the staff.
5. Use of pools in the spa area is at your own risk.
6. Be considerate and respectful of the staff and other guests. Rowdy and loud behaviour is not permitted and all coming and going must be subdued.
7. Smoking, use of e-cigarettes and use of euphoriant substances are not permitted indoors or in any outdoor areas. It is not allowed to use or be influenced by euphoriant substances while staying at Great Northern.
8. It is not allowed to pour water, oil, or other liquids on the sauna ovens.
9. Inappropriate behaviour, touching, approaches and/or profanity is not permitted.
10. It is not allowed to use electronic devices with camera or record pictures and video in changing rooms and spa area.
11. Threatening, harassing, or coercive behaviour as well as prolonged stay in specific areas are not allowed.
12. It is not allowed to bring food and drinks into the Great Northern area.
13. Music and audio are not allowed to be played during stays in the Spa area.
14. Seats in the spa area cannot be reserved for Spa guests who are not already in the spa area.
15. It is not allowed to play or workout in the spa area.
16. Diving, use of diving equipment as well as free diving is not permitted in the spa areas pools.
17. Guests are only allowed in the guest area. Guests are not allowed in the staff areas or behind counters or in closed staff areas.
18. The staff is allowed to deny groups access to the spa to accommodate the capacity and the hotel guests.
19. It is not allowed to remove sanitary items, towels, bathrobes, slippers, and tableware from Great Northern. Theft will be reported to the police.
20. The staff may request to see the content of bags - however, it is voluntary to comply with the request. If theft is suspected, failure to show the content of bags, may result in the police being called.

Sanitation

21. When using the facilities in the Spa area, it is mandatory for reasons of hygiene that guests wash body and hair with soap before putting on swimwear.
22. All guests must wear bathing suits in the saunas and use towels or bathrobes to sit or lie on.
23. Guests must always wear appropriate swimwear or bathrobes when getting treatments or when staying in the spa area. It is not allowed to wear underwear underneath the bathing suit and the bathing suit must be clean and intended for bathing.
24. Shaving is prohibited in the spa area.
25. All valuables and clothing must be stored in the lockers and all storage in lockers is at your own risk.
26. The bins installed must be used for waste disposal.

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Failure to comply with the rules or staff instructions may result in suspension and/or exclusion from Great Northern.

Suspension will generally run for 24 months from the time of suspension, and exclusion will be permanent. The nature of the violation will determine the sanction. In the event of suspension or exclusion, the guest registration will be kept on file to be able to identify and reject the guest.

*Great Northern accepts the following valid photo IDs: Driver's license, passport, and identification card.