

Rules of Order:
Great Northern & Great Northern Spa

The following rules applies for all guests staying within and around Great Northern Spa.

The Rules of Order have been adopted to ensure a unique environment, setting the framework for both presence, immersion, and relaxation - with room for everyone.

As a guest, you must familiarize yourself with the rules prior to your visit to Great Northern Spa.

If you do not accept the Rules of Order, please refrain from visiting the spa-area.

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Rules of Order:

Behavior

1. As a guest, you must always follow the Rules of Order, all staff instructions and signage found within and around Great Northern Spa.
2. Only registered and paying guests over the age of 18 are allowed to stay and visit Great Northern Spa.
3. Valid photo-ID must be presented if requested by the staff.
4. Use of pools and other facilities at Great Northern Spa happens at your own risk.
5. Be considerate and show respect for both the staff and other guests. Noisy, shouting, and/or loud behavior is not allowed. When moving around the area, please do so quietly.
6. Smoking is not allowed either indoor or outdoor – this includes the use of electronic cigarettes, vapors, and products of such.
7. All kinds of consumption or usage, of all kinds of euphoric substances, are not permitted on either indoor or outdoor areas. It is not permitted to either consume or be under the influence of euphoric drugs upon arrival and during your stay at Great Northern.
8. It is not permitted to pour water, oil, or anything else onto the sauna stoves.
9. Inappropriate behavior, touching, approaching, and talking are not permitted.
10. It is not permitted to use electronic devices with a camera or to record pictures and video in the dressing room and spa areas.

11. Threatening, harassing, or domineering behavior, as well as taking permanent residence in certain areas, is not permitted.
12. It is not permitted to enjoy self-brought food and drinks on Great Northern's premises.
13. It is not permitted to play music and sounds while staying at Great Northern's premises.
14. It is not possible for arrived guests to make any kind of reservations – including Day Beds - for guest who have not arrived physically at Great Northern.
15. It is not permitted to use saunas, pools, and other areas of the spa for playing and/or physical training.
16. Diving, diving equipment and free diving are not permitted in the pools in the spa area.
17. Guests must stay within the designated guest areas. Guests are not permitted enter or stay in staff areas. This includes areas behind all counters and closed staff areas.
18. The staff is entitled to reject groups of guests due to capacity and the guests staying at the hotel.
19. It is not permitted to remove toiletries, towels, bathrobes, slippers, or crockery from Great Northern. Theft will be reported to the police.
20. The staff may request to see the contents of bags - however, it is voluntary whether the request is complied with. If theft or other issues is suspected, failure to accept can result in the police being called.

Hygiene

21. When using the facilities in the spa area it is a requirement, for reasons of hygiene, that all guests have washed their body and hair - without swimwear and with soap.
22. All guests must use swimwear, as well as a towel or bathrobe as a base, in all saunas.
23. Guests must always wear, as a minimum, appropriate swimwear or a bathrobe during treatments or stays in the Spa area. It is not permitted to wear underwear under your swimwear, and all swimwear must be clean and intended for bathing.
24. Shaving is not permitted in the spa-area.
25. All valuables and clothing must be stored in the wardrobes. Storage in wardrobes is done at your own risk.
26. Waste bins found both within and outside the changing rooms, must be used for disposing of waste.

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Failure to comply and act according to the Rules of Order, including staff instructions in general, may result in expulsion and exclusion from Great Northern.

